

Sexuality & Disability Resources

Websites/Links

<http://www.bluetowertraining.com>

Resources on sexual abuse and sexuality, self-advocacy, spirituality and self-esteem.

http://www.cancer.org/docroot/MIT/MIT_7_1x_SexualityforMenandTheirPartners.asp

http://www.cancer.org/docroot/MIT/MIT_7_1x_SexualityforWomenandTheirPartners.asp

The American Cancer Society publishes two booklets on sexuality and cancer: one For the Woman Who Has Cancer, and Her Partner and one For the Man Who Has Cancer, and His Partner. These can be ordered by telephone or can be viewed on their web site.

<http://disability-abuse.com>

This online resource is administered by ARC of Riverside CA. The project is currently pursuing objectives to identify and disseminate best practices in abuse prevention and treatment for people with developmental disabilities. The project also sponsors an *Annual National Conference on The Abuse of Children and Adults with Disabilities*. Now offering an online (via video streaming) *Professional Training Conference on Abuse and Disabilities* through August 2005.

<http://www.diverse-city.com/display.htm>

A small publishing company which aims to provide educational materials for people with disabilities and their care providers. The company is informed by the disability rights movement, and is closely linked with organizations and individuals fighting for the rights of all people with disabilities to take control of their own lives and control their own fate

<http://education.guardian.co.uk/further/story/0,,2186123,00.html>

An article entitled "Meet Tyran and Leanne- they learnt of love and sex in a school for the disabled" by Anushka Asthana. Originally published October 7, 2007 in *The Observer*.

<http://www.nichcy.org/resources/sexualityeducation.asp>

The National Information Center for Children and Youth with Disabilities still remains relevant despite its age. Sections include information on defining sexuality and how it develops, social skills, teaching children about sexuality, affects of disability on sexuality, and relationship issues for young adults.

<http://www.pdassoc.com/ddse.html>

This website includes resources for sexual education for individuals with intellectual and developmental disabilities. The video All of Us Talking Together (<http://www.pdassoc.com/aoud.html>) is a 38-minute video of parents, their young adult sons and daughters with developmental disabilities, and educators, who highlight the critical need for sex education for this population and demonstrate practical models for delivering this service. A detailed sex education segment covers reproductive anatomy, pregnancy, contraception and disease prevention. Social skill development and the desires for friendship, companionship and romance are all considered. Public vs. private behaviors are explored and steps for reporting sexual abuse are included.

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<http://www.siecus.org/>

A good starting point for sexuality resources in general are the websites for the Sexuality Information Education Council of the United States. From the SEICUS homepage, users can link to a listing of informative and annotated bibliographies including sexuality and disability.

<http://www.springerlink.com/content/104972/?p=3b4cbb61e82a4b3daec139e93693269f&pi=0>

This link gives access to all issues of the *Sexuality and Disability* journal, published by Springer Netherlands. This journal began to be published in 1978, and continues today.

<http://www.stanfield.com/sexed.html>

This publisher has many curriculum resources for individuals with intellectual and developmental disabilities.

Books

(1992). *Being sexual: An illustrated sex education series for developmentally handicapped people*. East York, Ontario: Sex Information & Education Council of Canada.

Description: *Being Sexual: An Illustrated Series on Sexuality and Relationships* is a unique 17 booklet series published by SIECCAN in 1993 to meet the educational needs of people with developmental disabilities or problems with language, learning and communication. With over 500 pages of easy-to-understand drawings and text, the Being Sexual booklets have been used by learners independently and with the support of parents, teachers, counselors, and caregivers.

Link: <http://www.sieccan.org/pdf/be-sex-no-pg.pdf>

Abbey, N. (1989). *Entering adulthood: Coping with sexual pressures*. Santa Cruz, CA: Network Publications.

Description: A handbook for people with developmental disabilities on sexuality.

Link: http://www.amazon.com/Entering-Adulthood-Pressures-Contemporary-Workbook/dp/0941816613/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194462882&sr=8-1

Allen, J. D. (2003). *Gay, lesbian, bisexual, and transgender people with developmental disabilities and mental retardation*. Binghamton, NY: Harrington Park Press.

Link: http://www.amazon.com/Bisexual-Transgender-Developmental-Disabilities-Retardation/dp/1560233958/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194456162&sr=1-1

Anderson, O. H. (2003). *Doing what comes naturally: Dispelling myths and fallacies about sexuality and people with developmental disabilities*. Decatur, IL: Blue Tower Training Group.

Description: This book first challenges the beliefs and attitudes of family members, educators, and DD professionals concerning the sexuality of people with developmental disabilities. It then guides them in meeting the social-sexual needs of the people they love and serve. Overflowing with passion and filled with wisdom, this book provides a philosophical, yet practical, definition of sexuality

Links: <http://bluetowertraining.com/online-store/>

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- Kaufman, M. (1995). *Easy for you to say: Q & As for teens living with chronic illness or disability*. Firefly Books.
- Description:** This book provides straightforward answers to questions that teens have relating to chronic illness or disability. Chapters include “Sexuality,” “Family Relationships,” “Doctors and Medical Issues,” “Friends and Dating,” “School and Work,” “Alcohol, Drugs, and Medication,” “Recreation,” and “Transitions.”
- Link:** <http://www.fireflybooks.com/advance/bookdetail.asp?id=8556>
- Brown, G. T., Carney, P., Cortis, J. M., Metz, L. L. & Petrie, A. M. (1994). *Human sexuality handbook: Guiding people toward positive expressions of sexuality*. Springfield: The Association for Community Living.
- Description:** A guide to policy for individuals with intellectual disabilities and their residential service providers.
- Brownworth, V. A. & Raffo, S. (1999). *Restricted access: Lesbians on disability*. Jackson, TN: Seal Press.
- Description:** This anthology represents the voices of lesbians experiencing a diverse range of disabilities. Essays include “Autoimmune Disease: A Personal Perspective,” “Complications: The Deaf Community, Disability and Being a Lesbian Mom—A Conversation with Myself,” “Flirting with You: Some Notes on Isolation and Connection,” and “Hidden Disability: A Coming Out Story.”
- Link:** http://www.amazon.com/Restricted-Access-Disability-Victoria-Brownworth/dp/158005028X/ref=sr_1_1?ie=UTF8&s=books&qid=1195056765&sr=1-1
- Cambre, S. (2004). *The sensuous heart: Guidelines for sex after heart attack or heart surgery*. Atlanta, GA: Pritchett & Hull Associates, Inc.
- Description:** This cartoon-style booklet discusses the emotional and physical needs of people who have had a heart attack or heart surgery. It answers questions about sexual intercourse and discusses the effects of alcohol, prescribed drugs, stimulants, and illegal drugs.
- Link:** http://www.amazon.com/Sensuous-Heart-Guidelines-Attack-Surgery/dp/0939838699/ref=sr_1_1?ie=UTF8&s=books&qid=1195056950&sr=1-1
- Ducharme, S. H. (1997). *Sexuality after spinal cord injury: Answers to your questions*. Baltimore, MD: Brookes Publishing.
- Description:** This book provides practical, straightforward information and answers to questions about spinal cord injury. Topics include emotions, sexual behavior, sexual health, and parenting.
- Link:** http://www.amazon.com/Sexuality-After-Spinal-Cord-Injury/dp/1557662657/ref=sr_1_1?ie=UTF8&s=books&qid=1195057471&sr=1-1
- Fairbairn, G. Rowley, D., & Bowen, M. (1995). *Sexuality, learning difficulties, and doing what’s right*. London: Taylor and Francis.
- Description:** This book addresses sexuality and people with learning disabilities. It explores the rights that individuals have to be informed about sexuality issues, to form relationships, and to express themselves sexually. Chapters include “Ethics, Learning Disabilities and Sexuality,” “Sweet Little Mystery: The Person With Learning Difficulties As A Sexual Being,” “Exploitation, Abuse and Assault: The Sexual Misuse

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of People With Learning Disabilities,” and “Being and Becoming: Sex Education, Responsibility, and the Limits of Inclusion.”

Link: http://www.amazon.com/Sexuality-Learning-Difficulties-Doing-Whats/dp/1853462926/ref=sr_1_1?ie=UTF8&s=books&qid=1195057757&sr=1-1

Fegan, L. & Rauch, A. (1993). *Sexuality and people with intellectual disability* (2nd ed.). Baltimore, MD: P.H. Brookes Publishing Company.

Link: <http://www.amazon.ca/Sexuality-People-Intellectual-Disability-Lydia/dp/1557661405>

Griffin, L. K. (1996). *Informed consent, sexuality, and people with developmental disabilities: Strategies for professional decision making*. Milwaukee: ARC Milwaukee.

Description: This workbook is intended to increase knowledge about sexual consent and decision making for those who work with people with disabilities. Although it focuses on the state of Wisconsin, the topic areas are relevant to all professionals.

Link: http://www.amazon.com/Informed-consent-sexuality-developmental-disabilities/dp/0965653307/ref=sr_1_1?ie=UTF8&s=books&qid=1195058491&sr=1-1

Harber, M. & Hingsburger, D. (1998). *The ethics of touch*. Newmarket, Ontario: Diverse City Press Inc.

Description: Two videos and a training manual about establishing and maintaining appropriate boundaries in service to people with developmental disabilities.

Link: <http://www.diverse-city.com/video.htm>

Hebert, L. A. (1997). *Sex and back pain: Advice on restoring comfortable sex lost to back pain*. Greenville, ME: IMPACC USA.

Description: A physical therapist describes various types of back pain and sexual positions for maximum comfort. Line drawings and photographs illustrate recommended exercises and sexual positions for people who experience back pain. All individuals in the photographs are clothed. In an accompanying video, a partially clothed man and woman demonstrate the various sexual positions described in the book.

Link: http://www.amazon.com/Sex-Back-Pain-Restoring-Comfortable/dp/1879864029/ref=sr_1_1?ie=UTF8&s=books&qid=1195057156&sr=1-1

Hingsburger, D. (2000). *Under cover dick: A guide for teaching about condom use through video and understanding*. Newmarket, Ontario: Diverse City Press, Inc.

Description: This book and video set provides clear direction regarding condom use. The video discusses disease transmission as well as demonstrates how to wear a condom, plus the book includes photographs of each step involved.

Link: <http://www.diverse-city.com/display.htm>

Hingsburger, D. & Harr, S. (2000). *Finger tips: A guide for teaching about female masturbation*. Newmarket, Ontario: Diverse City Press, Inc.

Description: This book and video set is aimed at teaching women with developmental disabilities about masturbation. It also confronts typical myths about female sexuality. A gentle, positive film that is clear, graphic and dignified.

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The book includes a step by step photographic essay about masturbation, and the joy of private time.

Link: <http://www.diverse-city.com/video.htm>

Hingsburger, D. (2000). *Hand made love: A guide for teaching about male masturbation*.

Newmarket, Ontario: Diverse City Press, Inc.

Description: This book and video set discusses privacy, pleasure and the realities of sharing living spaces with others. The narrator of the video talks about myths and suggests that masturbation can be a way of learning about sex, while the book discusses masturbation from the point of view of both health and pleasure.

Link: <http://www.diverse-city.com/display.htm>

Hingsburger, D. (2001). *I Contact: Sexuality and People with Developmental Disabilities*. Mountville: Vida Publishing.

Description: Parents ask questions about sexuality and children with developmental disabilities.

Link: http://www.amazon.com/Contact-Sexuality-People-Developmental-Disabilities/dp/1884442013/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194466460&sr=1-1

Kaufman, M., Odette, F., & Silverberg, C. (2007). *The ultimate guide to sex and disability: For all of us who live with disabilities, chronic pain, and illness*. San Francisco: Cleis Press.

Description: *The Ultimate Guide to Sex and Disability* is a complete sex guide for people who live with disabilities, pain, illness, or chronic conditions. The authors cover all aspects of sex and disability, including building a positive sexual self-image; positions to minimize stress and maximize pleasure; dealing with fatigue or pain during sex; finding partners and talking with partners about sex and disability; adapting sex toys; and more.

Link: http://www.amazon.com/Ultimate-Guide-Sex-Disability-Disabilities/dp/1573443042/ref=pd_bbs_sr_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194455798&sr=8-1

Kempton, W. (2003). *Socialization & Sexuality*. Winifred Kempton Associates.

Description: Originally published in 1973, Winifred Kempton's training guide was completely revised in 1998 with the publication of "Socialization and Sexuality, A Comprehensive Training Guide for Professionals Helping People With Disabilities That Hinder Learning" One handbook provides a breadth of information from setting up "train the trainer" sessions to identifying key content areas for sexuality education to evaluating outcomes. In addition to the resources identified at the end of each of the 14 chapters, a 28 page bibliography makes the Guide a treasure for anyone planning for or already providing sexuality education.

Link: <http://www.amazon.com/Socialization-Sexuality-Winifred-Kempton/dp/0971076707>

Mackelprang, R. W. & Valentine, D. (1996). *Sexuality and disabilities: A guide for human service practitioners*. Birminghamton, NY: Haworth Press.

Description: This collection of eight articles is intended to provide a better understanding of issues related to sexuality, intimacy, and disability. Titles include "Mental Retardation and Sexual Expression: An Historical Perspective," "Responding To

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The Sexual Concerns of Persons with Disabilities,” “A Holistic Social Work Approach to Providing Sexuality Education and Counseling for Persons with Severe Disabilities,” and “Sexual Assault and People with Disabilities.”

Link: http://www.amazon.com/Sexuality-Disabilities-Practitioners-Monograph-Simultaneously/dp/078900092X/ref=sr_1_1?ie=UTF8&s=books&qid=1195059066&sr=1-1

Marks, L. & Rousso, H. (1991). *Barrier free: Serving young women with disabilities*. Women's Educational Equity Act Publishing Center.

Description: This training manual for groups that provide services to teenagers with physical or sensory disabilities examines some important issues that young women with such disabilities face, including career exploration, independent living, and sexuality.

Link: http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/23/0a/9d.pdf

McKee, L. & Kempton, W. (1987). *An easy guide to loving carefully for men and women*. Sacramento, CA: ETR Associates.

Description: A well-illustrated book which explains birth control and sexual health in very simple language. Requires reading skills.

Link: http://www.amazon.com/Easy-Guide-Loving-Carefully-Women/dp/0941816400/ref=sr_1_2/002-8139237-0393646?ie=UTF8&s=books&qid=1194463015&sr=1-2

Moise, L. (1980). *As we grew up with Barbara*. Fort Bragg: Cypress House.

Description: A common sense book and personal account of her daughter's growth into an adult relationship.

Link: http://www.amazon.com/As-Up-We-Grew-Barbara/dp/0875181945/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194466757&sr=1-1

Moise, L. (1998). *Barbara and Fred: Grownups now*. Fort Bragg: Cypress House.

Description: Living fully with a disability is the theme of this mother's book about her daughter growing up. It is the sequel to *As We Grew Up With Barbara*.

Link: http://www.amazon.com/Barbara-Fred-Grownups-Developmental-Disabilities/dp/1882897080/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194466849&sr=1-1

Monat-Haller, R. K. (1992). *Understanding and expressing sexuality: Responsible choices for individuals with developmental disabilities*. Baltimore, MD: P.H. Brookes Publishing Company.

Link: http://www.amazon.com/Understanding-Expressing-Sexuality-Developmental-Disabilities/dp/1557660735/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194466990&sr=1-1

Newport, J. Newport, M. (2002) *Autism- Asperger's & sexuality: Puberty and beyond*. Arlington, TX: Future Horizons Inc.

Description: This book tackles dating, relationships, and sexuality issues for individuals

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with Asperger's Syndrome and autism. The book emphasizes the importance of self-confidence and practice.

Link: http://www.amazon.com/Autism-Aspergers-Sexuality-Puberty-Beyond/dp/1885477880/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194463237&sr=1-1

Parker, G. (1993). *With this body: Caring and disability in marriage*. Buckingham: Open University Press.

Description: Examines the views both of younger people who become disabled after marriage and of their partners who care and support them.

Link: http://www.amazon.com/This-Body-Caring-Disability-Marriage/dp/0335099467/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194467621&sr=8-1

Radford, T. (2000). *MS and intimacy: Managing specific issues*. National Multiple Sclerosis Society.

Description: This booklet is for people with MS and their partners. It addresses the importance of communication between partners. It also discusses sexual problems associated with MS for both men and women. A list of resources is provided.

Link: http://www.nationalmssociety.org/site/PageServer?pagename=HOM_LIVE_spotlight_intimacy

Rogers, J. & Matsumura, M. (1991). *Mother to be: A guide to pregnancy and birth for women with disabilities*. New York: Demos Publications.

Description: A guide to pregnancy and birth for women with physical disabilities.

Link: http://www.amazon.com/Mother-Be-Guide-Pregnancy-Disabilities/dp/0939957299/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194463395&sr=1-1

Rothrock, R. W. & D'Amore, G. (1992). *The illustrated guide to better sex for people with chronic pain*. Winifred Kempton Associates.

Description: This self-help booklet provides information about frequent problems that interfere with sexual enjoyment for individuals who suffer from chronic pain and suggests simple, basic solutions. It includes six illustrations showing comfortable sexual positions for persons with various pain disorders, and stresses the importance of communication between partners.

Link: http://www.amazon.com/Illustrated-Guide-Better-People-Chronic/dp/0963260219/ref=sr_1_2?ie=UTF8&s=books&qid=1195056308&sr=8-2

Sandowski, C. K. (1989). *Sexual concerns when illness or disability strikes*. Springfield, IL: Charles C. Thomas Publisher, Ltd.

Description: This book discusses the possible effects of various medical conditions (arthritis, diabetes, spinal cord injury, alcoholism) on sexual functioning, relationships, self-esteem, and communication. The author explores treatments for sexual dysfunction.

Link: http://www.amazon.com/Sexual-Concerns-Illness-Disability-Strikes/dp/0398056129/ref=sr_1_1?ie=UTF8&s=books&qid=1195057327&sr=1-1

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Schover, L. R. & Jenson, S. B. (1988). *Sexuality and chronic illness: A comprehensive approach*. New York: Guilford Publications.

Description: Using an integrative biopsychosocial approach, this volume reviews basic skills needed to comfortably discuss sexuality with chronically ill patients, assess sexual problems through both psychological and medical approaches, and create a systematic treatment plan.

Link: http://www.amazon.com/Sexuality-Chronic-Illness-Comprehensive-Approach/dp/089862715X/ref=sr_1_1?ie=UTF8&s=books&qid=1195058897&sr=1-1

Schwier, D. M. (2000). *Sexuality: Your sons & daughters with intellectual disabilities*. Towson, Maryland: Brookes Publishing Company.

Description: This book is designed for parents, helping them to make sure their child develops healthy sexuality, that sense of self and confidence that helps make us all well-adjusted and strong individuals. It focuses on interacting with your children - no matter their age or ability - in a way that increases self-esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop life long relationships. Both parents of people with intellectual disabilities and people with intellectual disabilities themselves are referenced.

Link: http://www.amazon.com/Sexuality-Your-Daughters-Intellectual-Disabilities/dp/1557664285/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194452966&sr=1-1

Schweir, D. M. (1994). *Couples with intellectual disabilities talk about living and loving*. Rockville, MD: Woodbine House.

Description: This book provides information to parents and caregivers on interacting with their children (regardless of age or ability), in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. Throughout the book, parents share the joys and challenges of raising a child with an intellectual disability as they offer advice and practical strategies, while individuals with disabilities share information about what is important to them.

Link: http://www.amazon.com/Couples-Intellectual-Disabilities-Living-Loving/dp/0933149654/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194468060&sr=1-1

Shakespeare, T., Gillespie-Sells, K. & Davies, D. (1996). *The sexual politics of disability: Untold desires*. London: Wellington House.

Description: This book, based on first-hand accounts, takes a close look at questions of identity, relationships, sex, love, parenting and abuse and demolishes the taboo around disability and sex. It shows both the barriers to disabled people's sexual rights and sexual expression, and also the ways in which these obstacles are being challenged.

Link: <http://www.amazon.com/Sexual-Politics-Disability-Untold-Desires/dp/0304333298Contents>,

Entire Book is free online: [here](#)

[Chapter 1](#), [Chapter 2](#), [Chapter 3](#), [Chapter 4](#), [Chapter 5](#), [Chapter 6](#), [Chapter 7](#), [Chapter 8](#), [Appendices and Bibliography](#)

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Shapland, C. (1999). *Sexuality issues for youth with disabilities and chronic health conditions*. Institute for Child Health Policy.

Description: This policy brief of The Institute for Child Health Policy addresses teen pregnancy prevention and risk factors for teen pregnancy as they relate to youth with disabilities. It also discusses strategies to address the needs of youth with disabilities in such programs as sexuality education, community family planning services, community partnerships, and contraceptive needs.

Link: http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/16/92/c1.pdf

Siegel, P. (1991). *Changes in you*. Richmond, VA: Family Life Education Associates.

Description: A clearly illustrated, simply worded explanation of the changes of puberty for girls and boys. Includes a Parents' Guide.

Link: For boys: http://www.amazon.com/Changes-You-Boys-Parents-Guide/dp/096286871X/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194463473&sr=1-1

For Girls: http://www.amazon.com/Changes-You-Girls-Peggy-Siegel/dp/0962868701/ref=sr_1_2/002-8139237-0393646?ie=UTF8&s=books&qid=1194463473&sr=1-2

Tepper, M. S. (1997). *Providing comprehensive sexual health care in spinal cord injury rehabilitation: Continuing education and training for health care professionals*. Shelton, CT: The Sexual Health Network.

Description: This curriculum for health care professionals is intended to provide an opportunity for participants to gain knowledge, comfort, and skills to understand and manage the sexual health care of persons with spinal cord injury (SCI). By the end of this three-day program, participants should be able to recognize sexual concerns, demonstrate the communication skills necessary to provide a supportive environment, conduct sexuality assessment interviews with people who have SCI, relay relevant and unbiased sexual information, and provide specific suggestions about sexual options for people with SCI.

Link: http://www.amazon.com/Providing-Comprehensive-Sexual-Health-Rehabilitation/dp/0965918505/ref=sr_1_1?ie=UTF8&s=books&qid=1195058744&sr=1-1

Walker-Hirsch, L. (2007). *The facts of life...and more: Sexuality and intimacy for people with intellectual disabilities*. Baltimore, MD: Paul H. Brookes Publishing Co.

Description: This book gives social workers, teachers, and direct support professionals comprehensive instruction on how to educate people with disabilities about sexuality.

Link: <http://brookespublishing.com/store/books/walkerhirsch-67144/index.htm>

Walsh, P. N. & Heller, T. (2002). *Health of women with intellectual disabilities*. Oxford: Blackwell Publishing, Inc.

Description: The first interdisciplinary book taking a contextual approach to the developing health needs of women with intellectual disabilities. It considers the social, economic and political contexts of health promotion. Its concise but comprehensive evidence base makes it a unique, reliable source for a wide readership.

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Link: http://www.amazon.com/Health-Intellectual-Disabilities-Assoc-Scientific/dp/1405101032/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194453610&sr=1-1

Woodward, J. (1979). *Signs of sexual behavior: An introduction to some sex-related vocabulary in American sign language*. Carrollton, TX: T.J. Publishers.

Description: This book presents sexuality-related vocabulary in American Sign Language. It offers clear illustrations of more than 130 signs. Comprehensive explanations and notes on derivation are included. A video illustrating the signs is also available.

Link: <http://www.amazon.ca/Signs-Sexual-Behavior-Introduction-Sex-Related/dp/0932666027>

Articles

Addlakha, R. (2007). How young people with disabilities conceptualize the body, sex and marriage in urban India: Four case studies. *Sexuality and Disability*, 25 (3), 111-123.

Description: Using qualitative data, this paper discusses notions of sexual identity among urban Indian youth through four case studies of college students in Delhi. Gender emerges as a key analytical category in perceptions of sexuality among young men and women with visual and loco-motor disabilities. The author's analysis carries added value, since she herself has low vision; thus conferring a reflexive angle to the research.

Link: <http://www.springerlink.com/content/w4828032427x2n75/fulltext.pdf>

Aloney, R., Keren, O., & Katz, S. (2007). Sex therapy surrogate partners for individuals with very limited functional ability following traumatic brain injury. *Sexuality and Disability*, 25 (3), 125-134.

Description: The use of surrogate sex therapists for survivors after Traumatic Brain Injury (TBI) who have Very Limited Functional Ability (VLFA) is discussed. It includes the rationale of using surrogate therapy with this population as well as some of the professional and ethical issues that such therapy can evoke. It is suggested that surrogate therapy can provide satisfaction and positive experiences to the restricted lives of some of the VLFA-TBI survivors. The use of surrogate therapy is viewed as a part of the integral rehabilitation process aimed at improving the quality of life and the fulfillment of basic human intimacy needs.

Link: <http://www.springerlink.com/content/681365260421560l/fulltext.pdf>

Ailey, S. H., Marks, B. A., Crisp, C. & Hahn J. E. (2003). Promoting sexuality across the life span for individuals with intellectual and developmental disabilities. *Nursing Clinicians of North America*, 38, 229-252.

Description: This article reviews the structural and attitudinal barriers that prevent individuals with I/DD from developing and perceiving themselves as sexual beings, along with the philosophical underpinnings that have previously guided sex education programs.

American Academy of Pediatrics (1996). *Sexuality Education of Children and Adolescents with Developmental Disabilities*.

Description: This frequently referenced policy statement was printed in *Pediatrics* in February 1996. While its guidance on the issue of sexuality education is geared to

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pediatricians, it clearly identifies the profession's stance as to the primary objectives of sexuality education. As such, it can be useful to those engaged in policy and curriculum development as well.

Link: <http://aappolicy.aappublications.org/cgi/content/full/pediatrics;118/1/398>

Gill, K. M. (2007). Sexuality training, education, and therapy in the healthcare environment: Taboo, avoidance, discomfort, or ignorance? *Sexuality and Disability*, 25, 73-76.

Description: Multiple sources of resistance are present in the healthcare environment to comprehensive assessment and intervention efforts in regard to sexuality. The authors survey both the diversity of needs and values presented by consumers, and encourage providers to equip themselves educationally, emotionally, and ethically so that they can deliver relevant, holistic services to consumers.

Link: <http://www.springerlink.com/content/17274145652282v1/fulltext.pdf>

Leutar, Z. & Mihokovic, M. (2007). Level of knowledge about sexuality of people with mental disabilities. *Sexuality and Disability*, 25 (3), 93-109.

Description: The paper examines the level of knowledge about sexuality of people with mental disabilities. The research also presents differences resulting from sex and the level of mental retardation.

Link: <http://www.springerlink.com/content/d85823v13314370k/fulltext.pdf>

Lyden, M. (2007). Assessment of sexual consent capacity. *Sexuality and Disability*, 25, 3-20.

Description: This article discusses assessment of sexual consent capacity, its ethical and legal mandates, and a rationale for the assessment of capacity to have a sexual relationship. It reports current assessment practices used by the authors as well as a summary of relevant literature.

Link: <http://www.springerlink.com/content/965136740332x7t1/fulltext.pdf>

NICHY (1992). *Sexuality Education for Children and Youth with Disabilities*.

Description: This *News Digest* addresses the concerns that parents and professionals face in guiding children and young adults with disabilities in their social-sexual development and in preparing them to make healthy, responsible decisions about adult relationships. Many books and videos on human sexuality are listed, to assist parents and professionals in obtaining materials necessary to support the sexuality education of children with disabilities. It is available online in both English and Spanish and formatted as HTML or PDF documents.

Link:

<http://mirror.eschina.bnu.edu.cn/Mirror1/accesseric/www.nichcy.org/pubs/newsdig/nd17.htm>

Ojanlatva, A. (2003). Book Review: The ultimate guide to sex and disability. *Sexuality and Disability*, 24, 121-123.

Description: Review of the book *The Ultimate Guide to Sex and Disability*. See link for book above.

Link: <http://www.springerlink.com/content/3425nx1865682088/fulltext.pdf>

Sanders, T. (2007). The politics of sexual citizenship: Commercial sex and disability. *Disability and Society*, 22 (5), 439-455.

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Description: Presenting empirical findings from two studies, one with sex workers who work from indoor sex markets and the other with men who buy sex, this paper exposes the existing relationships and practices between men with physical and sensory impairments who seek out commercial sexual services from female sex workers. In the discussion the politics surrounding sexual rights and commercial sex will be addressed.

Link:

<http://www.informaworld.com/smpp/content~content=a780900864~db=all~jumtype=rs>
s

Sextalk.org (2005). *Parents: talking about sex with a child with developmental disabilities*. Retrieved 11/08/1007 from: < <http://www.sextalk.org/parents/parents-disabilities.html> >.

Description: Excerpted from curriculum materials developed by Lisa Maurer, M.S., CFLE, for Family Information Services in Minneapolis (1997), Planned Parenthood of Tompkins County (New York) has posted this as one of three “talking tips” sheets on their website. Succinct and direct, it offers parents ideas about enhancing this discussion with their son or daughter who has a developmental disability.

Link: <http://www.sextalk.org/parents/parents-disabilities.html>

Shakespeare, T. (2000). Disabled sexuality: Toward rights and recognition. *Sexuality and Disability*, 18 (3), 159-165.

Description: Looking back at the development of disability sexuality studies, there is a need for a social model of disabled sexuality. However, this should be sensitive to difference, including the impact of impairment. Disability sexuality studies necessarily challenge notions of sexual normality. There is a danger in overstating the importance of sex, as opposed to friendship and intimacy. Honneth's work on relations of recognition may offer a way to conceptualize sexuality issues within the disability rights agenda.

Link: <http://www.springerlink.com/content/1841174144h06469/fulltext.pdf>

Sunny Hill Education Centre (2004). *Sexuality and your child: A resource for parents of children with a disability*. Retrieved 8 November 2007 from: < <http://www.cw.bc.ca/library/pdf/pamphlets/SH30.pdf> >

Description:

This pamphlet provides information for parents to help their children with disabilities understand and deal with their sexuality.

Link: <http://www.cw.bc.ca/library/pdf/pamphlets/SH30.pdf>

Tarnai, B. (2006). Review of effective intervention for socially inappropriate masturbation in persons with cognitive disabilities. *Sexuality and Disability*, 24, 151-168.

Description: This review of the literature investigates factors that lead to necessary intervention, identifies associations of different effective treatment approaches with types of cognitive disabilities, and examines the evolution of documented interventions from the late 1960s to the early 2000s. Data suggest that theoretical advances toward more humane, supportive and self-regulative interventions are more likely to help persons with milder cognitive disabilities.

Link: <http://www.springerlink.com/content/q8015124367r2w05/fulltext.pdf>

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Taylor, B. & Davis, S. (2007). The extended PLISSIT model for addressing the sexual wellbeing of individuals with an acquired disability or chronic illness. *Sexuality and Disability*, 25 (3), 135-139.

Description: This paper discusses the limitations in the way that healthcare practitioners may use Annon's PLISSIT model in meeting the sexual wellbeing needs of individuals with an acquired disability and presents the merits of the extended model, Ex-PLISSIT. Key features of this model include explicit Permission-giving as a core feature of each of the other stages, the requirement to review all interactions with patients, and the incorporation of reflection as a means of increasing self-awareness by challenging assumptions.

Link: <http://www.springerlink.com/content/m0051230421x7835/fulltext.pdf>

Valenti-Hein, D. C., Yarnold, P. R. & Mueser, K. T. (2004). Evaluation of the dating skills program for improving heterosocial interactions in people with mental retardation. *Behavior Modification*, 18, 32-45.

Description: A review of the curriculum "The dating skills program: Teaching social-sexual skills to adults with mental retardation." See below for curriculum information.

Link: <http://bmo.sagepub.com/cgi/reprint/18/1/32>

Walters, A. S. (2006). Taking a stand: On teaching the epidemiology of sexually transmitted infections. *Sexuality and Disability*, 24, 131-139.

Description: The activity described in this paper demonstrates the epidemiological processes that contribute to infection. Participants learn how sexually transmitted infections (bacterial, viral, and ectoparasitic) can be transmitted within a sexual network from only one infected individual.

Link: <http://www.springerlink.com/content/h4302m4371322067/fulltext.pdf>

Curricula

Baladerian, N. J. (1998). *FACTS: Forensic Assessment of Consent to Sex*. Culver City: Spectrum Institute, 1998.

Description: An interviewing instrument to assess consent to sexual relationship through an inventory of the nature and consequences of the sexual act of intercourse or other penetration for adults with cognitive impairments.

Link: <http://disability-abuse.com/products.htm>

Baxley, D. L. & Zendell, A. L. (2005). *Sexuality education for children and adolescents with developmental disabilities: An instructional guide for educators of individuals with developmental disabilities*. Tallahassee, FL: Florida Developmental Disabilities Council, Inc.

Description: There are two versions of the curriculum, one for parents and another for educators. Each chapter has been suggested for different grade levels.

Link:

For educators: <http://www.albany.edu/aging/IDD/documents/teacherworkbook.pdf>

For Parents: <http://www.albany.edu/aging/IDD/documents/parentworkbook.pdf>

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Baxley, D. L. (2005). *Life span holistic sexuality education for children and adolescents with intellectual/developmental disabilities: A guide developed for parents, caregivers, and educators*. Tallahassee, FL: Florida Developmental Disabilities Council, Inc.

Description: This resource introduces educators, family members, and professionals to the necessity of sexual education and tips for creating a sexual education program for people with intellectual and developmental disabilities.

Link: <http://www.albany.edu/aging/IDD/documents/PolicyGuidelinesv2.pdf>

Brekke, B. (1988). *Sexuality education for persons with severe developmental disabilities revised edition*. James Stanfield Publishing Co.

Description: This curriculum is for people with severe mental disabilities. It includes seven slide presentations and a teacher's guide addressing anatomy, appropriate social behavior, menstruation, and medical examinations. This curriculum can be used as a supplement to Life Horizons I and II.

Link: http://www.amazon.com/Sexuality-Education-Persons-Developmental-Disabilities/dp/B000YCYQI6/ref=sr_1_1?ie=UTF8&s=miscellaneous&qid=1195061936&sr=1-1

Champagne, M. P. & Walker-Hirsch, L. W. (1993). *Circles: Intimacy and relationships*. Santa Barbara, California: James Stanfield Publishing Company,

Description: This classic video program, used in over 10,000 facilities across the U.S., helps students to recognize exploitative relationships as well as develop mutually respectful ones. Includes 12 videos and multi-media.

Link: <http://www.stanfield.com/sexed.html>

Cyprian, J. (2001). *Teaching human sexuality: A guide for parents and other caregivers*. Washington, DC: Child Welfare League of America Press.

Description: A guide for parents and other caregivers on teaching human sexuality to individuals with intellectual and developmental disabilities.

Link: <http://www.amazon.com/Teaching-Human-Sexuality-Parents-Caregivers/dp/0878686614>

Enright, R. (1995). *Caution: Do not open until puberty!: An introduction to sexuality for young adults with disabilities*. Sparta, Ontario, Canada: Devinjer House.

Description: This book is intended to serve as an icebreaker for an open discussion of sexuality between adolescents with disabilities and their families. Using illustrations and clear, informative text, it addresses decision making, anatomy, sexual response, physical disability and sexual functioning, as well as suggestions for further learning.

Link: <http://www.tvcc.on.ca>

Gray, J. & Jilich, J. (1990). *Janet's got her period*. Santa Barbara, CA: James Stanfield Publishing.

Description: This curriculum is for girls and young women with severe developmental disabilities. Consisting of a video and an illustrated storybook with full-color photographs, it tells the story of a young girl who learns menstrual self-care from her mother and sister. A teacher's guide is also included.

Link: <http://www.stanfield.com/sexed-1.html#D>

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Heighway, S. (1992). *STARS: Skills training for assertiveness, relationship-building and sexual awareness*. Madison, WI: Wisconsin Council on Developmental Disabilities.

Link: http://www.amazon.com/STARS-training-assertiveness-relationship-building-awareness/dp/B0006OZL2M/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194470975&sr=8-1

Hingsburger, D. J. (1990). *i to I: self concept for people with developmental disabilities*. Mountville: Vida Publishing.

Description: Video of conference presentation in Redding.

Link: http://www.amazon.com/i-concept-people-developmental-disabilities/dp/B0006P3Q9Q/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194462005&sr=1-1

Holburn, S., Cea, C. D., & Gordon, A. (2005). *Health advocacy program: An activity-based curriculum for adults with developmental disabilities*. New York: New York State Institute for Basic Research in Developmental Disabilities.

Kempton, W. (1998). *Socialization and sexuality: A comprehensive training guide for professionals helping people with disabilities that hinder learning*. Syracuse, NY: Program Development Associates.

Description: Written by one of the pioneers of sexuality education for people with developmental disabilities, this encyclopedia of information on socialization and sexuality is considered an invaluable resource for sexuality educators as well as parents. Aimed at increasing the social satisfaction and sexual safety of individuals with developmental disabilities, it covers such topics as: Sexuality Education and Guidelines for Curriculum Design; Coping with Inappropriate Sexual Behavior; Sexual Abuse; Informed Consent; and Working with Parents.

Link: www.pdassoc.com

Kempton, W. (1998). *Speaking of sex & sex education: For persons with disabilities that hinder learning*. Santa Barbara, CA: James Stanfield Publishing Co.

Description: Utilizing an interview with sexuality educator pioneer, Winifred Kempton, this video program assists in training the trainer to present sexuality education to students with developmental disabilities. The video is accompanied by a 200-page book with materials for new instructors and tips for more seasoned sexuality educators.

Link: <http://www.stanfield.com/sexed-1.html#F>

Kempton, W. (1999). *Life Horizons I: The physiological and emotional aspects of being male and female*. Santa Barbara, CA: James Stanfield Publishing Co.

Kempton, W. (1999). *Life Horizons II: The moral, social, and legal aspects of sexuality*. Santa Barbara, CA: James Stanfield Publishing Co.

Description: These two curricula are for people with mild to moderate developmental disabilities. Life Horizons I consists of five programs: “Parts of the Body,” “Sexual Life Cycle,” “Human Reproduction,” “Birth Control or Regulation of Fertility,” and “Sexually Transmitted Diseases & AIDS.” It includes over 500 slides, a teacher’s guide and script, and video. Life Horizons II consists of seven programs: “Building Self-Esteem & Establishing Relationships,” “Moral, Legal & Social Aspects of Sexual Behavior—Male,” “Dating Skills & Learning to Love,” “Marriage & Other Adult Lifestyles,”

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“Parenting,” “Preventing or Coping With Sexual Abuse.” It includes over 600 slides, and a teacher’s guide and script.

Link: <http://www.stanfield.com/sexed.html#LF>

Kogut, J. & Vilardo, S. (1993). *Teaching persons with mental retardation about sexuality and relationships: An instructional guide*. Connecticut: Planned Parenthood.

Description: This manual offers educators of persons with mental retardation guidance with the development and implementation of sexuality education programs.

Link: http://www.amazon.com/Teaching-persons-retardation-sexuality-relationships/dp/B0006R6C5E/ref=sr_1_1?ie=UTF8&s=books&qid=1195059567&sr=1-1

Laesch, S. and Pacey, S. (2004). *WE CAN stop abuse: A sexual abuse prevention curriculum for persons with developmental disabilities*. Decatur, IL: Macon Resources, Inc.

Description: An 8-session, interactive curriculum to teach sexual abuse prevention skills to adolescents and adults with developmental disabilities. Includes objectives, pictures, activities, assessments, and more.

Link: <http://bluetowertraining.com/online-store/#Miscellaneous>

Maksym, D. (1990). *Shared feelings: A parent guide to sexuality education for children, adolescents, and adults who have a mental handicap*. North York, Ontario, Canada: G. Allan Roeher Institute.

Link: http://www.amazon.com/Shared-Feelings-Sexuality-Education-Adolescents/dp/0920121918/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194466647&sr=1-1

Matich, Maroney, J. & Baxley, D. (2005) *Life span holistic sexuality education for children and adolescents with developmental disabilities: An annotated resource list*. Tallahassee, FL: Florida Developmental Disabilities Council, Inc.

Description: This annotated list has resources for teaching sexuality to children and adolescents. Many of the resources are specifically created for people with disabilities, and some recommendations of general sexual education resources that may be adapted are also included.

Link: <http://www.albany.edu/aging/IDD/documents/FDDCAnnotatedResourceList.pdf>

Maurer, L. T. (1999). *Talking sex!: Practical approaches and strategies for working with people who have developmental disabilities when the topic is sex*. Planned Parenthood of Tompkins County.

Description: This curriculum for professionals consists of information, activities, and overheads that provide strategies toward making sexuality education more accessible to people with developmental disabilities.

Link: http://www.eric.ed.gov/ERICWebPortal/custom/portlets/recordDetails/detailmini.jsp?_nfpb=true&_ERICExtSearch_SearchValue_0=ED432842&ERICExtSearch_SearchType_0=no&accno=ED432842

Moss, K. & Blaha, R. (2001). *An introduction to sexuality education for individuals who are deaf-blind and significantly developmentally delayed*. Monmouth, OR: National Information Clearinghouse on Children Who Are Deaf-Blind.

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Description: The ten chapters in this book address the sexuality issues in the lives of school age individuals who are deaf-blind or significantly developmentally delayed. It notes that these individuals usually do not experience sexuality through typical relationships and thus require a different type of instruction.

Link: http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/19/cf/2b.pdf

Neistadt, M. E., Fredam N, & O'Reilly, K. A. (1987). *Choices: A guide to sex counseling with physically disabled adults*. Melbourne, FL: Kreiger Publishing Company.

Description: Written for rehabilitation professionals who provide sexuality counseling, this book contains guidelines for limited sexuality counseling and examines issues of intimacy and communication, as well as the sexual response cycle. This book discusses functional and sexual difficulties caused by disabilities and the impact of disability on social issues such as privacy, dating, marriage, and childbearing. Reading and resource lists are included.

Link: http://www.amazon.com/Choices-Counseling-Physically-Disabled-Adults/dp/0898749034/ref=sr_1_1?ie=UTF8&s=books&qid=1195058331&sr=1-1

Pacer Center, Inc. (1996). *I am a beautiful person: Sexuality and me*.

Description: 13:35 minute video for parents of teens with disabilities. This video demonstrates how all people can live their lives as healthy sexual beings. Designed for viewing by parents and caregivers, it includes interviews with people of varying ages and abilities.

Link: To view: <http://www.wifacets.org/videos/beautiful.html>

To purchase: www.pacer.org

Plummer, C. A. (1997). *Preventing sexual abuse: Activities and strategies for those working with children and adolescents*. Holmes Beach, FL: Learning Publications, Inc.

Description: This sexual abuse-prevention curriculum is divided into two sections. The first is a three- or five-day presentation for grades K through six, which is also adaptable for the developmentally disabled. The second is a one-, three-, or five-day presentation for grades seven through 12. The curriculum also provides information about involving parents and making the program work. Also included are guidelines for instructors and an appendix.

Link: http://www.amazon.com/Preventing-Sexual-Abuse-Activities-Adolescents/dp/1556911149/ref=sr_1_1?ie=UTF8&s=books&qid=1195061793&sr=8-1

Special Purpose Films. *Learning to talk sex when you'd rather not*.

Description: Excellent for training about people with developmental disabilities, their parents and care providers. Shows un-staged scenes of men and women learning safety, appropriate private and public behavior, and human anatomy. 30 minutes.

Stangle, J. (1991). *Special education: Secondary F.L.A.S.H. (family life and sexual health): A curriculum for grades 7-12*. Family Planning Publications.

Description: This comprehensive program is designed for adolescents in special education programs. It addresses the physical, emotional, and safety aspects of sexuality education; encourages parent and family involvement; and includes a section on preparing community-based sexuality education programs. Lesson plans cover

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relationships, communication, avoiding exploitation, anatomy, reproduction, sexually transmitted diseases, and AIDS. The curriculum includes resource lists, guidelines for answering students' questions, recommended audiovisuals, teacher preparation suggestions, and masters for all transparencies and student handouts.

Link: http://www.eric.ed.gov/ERICWebPortal/custom/portlets/recordDetails/detailmini.jsp?_nfpb=true&_ERICExtSearch_SearchValue_0=ED345414&ERICExtSearch_SearchType_0=no&accno=ED345414

Steege M. & Steege, S. (1998). *Social skills & sex education: Sex Education and self care for the forgotten adult*. Syracuse, NY: Program Development Associates.

Description: This teaching tool is used to educate developmentally delayed adults. Presented in two parts, the first section discusses anatomy and sexual functioning, the second addresses appropriate and inappropriate touch. It includes two audio cassettes and picture books to be used while following along with the instruction manual.

Link: <http://disabilitytraining.com/ssse.html>

Teach-a-bodies (2007). *Developmentally Disabled*. Retrieved 8 November 2007 from <<http://www.teach-a-bodies.com/storm.cfm?funnelaction=1689>>

Description: Teach-A-Bodies anatomically correct dolls serve as an invaluable tool for the sexual educators of developmentally disabled individuals. In an appropriate and non-threatening manner, the function and purpose of the human body is represented and communicated. The male and female dolls, with their correct proportions and professional design, transfer lifelong important information in a visual three-dimensional manner. When used professionally, these dolls create a safe environment for the developmentally disabled to ask questions and express their thoughts. A basic knowledge of human sexuality can be communicated clearly.

Link: <http://www.teach-a-bodies.com/storm.cfm?funnelaction=1689>

Valenti-Hein, D. & Mueser, K. T. (1990). *The dating skills program: Teaching social-sexual skills to adults with mental retardation*. Orland Park, IL: International Diagnostic Systems, Inc.

Link: <http://www.amazon.com/Dating-Skills-Programme-Teaching-Retardation/dp/999311572X>

YAI (2007). *Relationship series #1: The friendship series (DVD)*. New York: Young Adult Institute/National Institute for People with Disabilities.

YAI (2007). *Relationship Series #2: The Boyfriend/Girlfriend Series (DVD)*. New York: Young Adult Institute/National Institute for People with Disabilities.

YAI (2007). *Relationship Series #3: The Sexuality Series (DVD)*. New York: Young Adult Institute/National Institute for People with Disabilities.

Description: This is an innovative DVD series on relationships for people with intellectual and/or developmental disabilities. The three parts are “The Friendship Series,” “The Boyfriend/Girlfriend Series,” and “The Sexuality Series.”

Link: <http://yai.org/Trainingstore/subpage.cfm?content=search.cfm&topic=19>

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- Anderson, C. (1990). *An illusion theater guide for teaching mentally retarded people about sexual abuse prevention education*. Minneapolis, MN: Illusion Theater, Prevention Program.
Link: http://www.amazon.com/Illusion-teaching-mentally-prevention-education/dp/B0006YA0S2/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194470560&sr=1-1
- Baladerian, N. J. (1993). *Abuse of children and adults with disabilities: A prevention and intervention guidebook for parents and other advocates*. Culver City, CA: Disability, Abuse and Personal Rights Project.
Description: This publication discusses increased vulnerability to abuse, the signs and symptoms of abuse, consequences of abuse, the abusers, how to report suspected abuse, intervention and examples of risk reduction strategies.
- Baladerian, N. J. (1985). *Survivor: For people with developmental disabilities who have been sexually assaulted*. Culver City, CA: N.J. Baladerian.
Link: http://www.amazon.com/Survivor-developmental-disabilities-sexually-assaulted/dp/B0007341AK/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194471057&sr=1-1
- Bissada, A, Scher, L., Wiper, A. M., & Oya, M. (2000). *Keeping our children safe*. California State Council on Developmental Disabilities program Development Fund, Cycle XXII.
Description: A booklet for caregivers and providers of children with developmental disabilities to reduce the risk of abuse.
- Briggs, Freda. (1995). *Developing personal safety skills in children with disabilities*. Baltimore: Paul H. Brookes Publishing Co.
Description: Guide to empowering children with disabilities to avoid injury, abuse, and related emotional and psychological problems. Includes curriculum.
Link: http://www.amazon.com/Developing-Personal-Safety-Children-Disabilities/dp/1557661847/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194468376&sr=1-1
- Center for Child and Family Studies (2002). *Voices ignored: Sexual assault of people with developmental disabilities*. Columbia, S.C.: The Center for Child and Family Studies.
Description: *Voices Ignored* addresses two of the most common problems in these sexual assault cases: recognizing when the crime has happened and effectively communicating once you're involved in the case. Includes a video and manual.
Link: <http://www.sc.edu/ccfs/training/voicesignored.html>
- Center for Developmental Disabilities, University of South Carolina (1996). *Child abuse and neglect: What it is and why young children with disabilities are at risk*. Columbia, S.C.: S.C. Council on Child Abuse and Neglect.
- Developmental Disabilities Planning Advisory Council (1994). *Prevention of abuse begins with you*. Spring Meadow Resources: Abuse Prevention Task Force, 1994.

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Description: Describes how to recognize and report abuse, neglect and exploitation of persons with developmental disabilities. 5 minutes.

Edwards, P. & Ikins, T. (1988) *Just between us: A social sexual guide for parents and professionals with concerns for persons with developmental disabilities.*

Link: http://www.amazon.com/Just-Between-Professionals-Developmental-Disabilities/dp/0890796157/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194467104&sr=1-1

Heighway, S. (1992). *STARS: Skills training for assertiveness, relationship-building and sexual awareness.* Madison, WI: Wisconsin Council on Developmental Disabilities.

Link: http://www.amazon.com/STARS-training-assertiveness-relationship-building-awareness/dp/B0006OZL2M/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194470975&sr=8-1

Hingsburger, D. (2006). *Black ink.* Newmarket, Ontario: Diverse City Press, Inc.

Description: Practical and clear guidelines for dealing with reports of sexual abuse from people with intellectual disabilities.

Hingsburger, D. (1998). *Do? be? do?.* Newmarket, Ontario: Diverse City Press, Inc.

Description: What to teach and how to teach people with developmental disabilities.

Link: <http://www.diverse-city.com/display.htm>

Hingsburger, D. (1995). *Just say know: Understanding and reducing the risk of sexual victimization.* Newmarket, Ontario: Diverse City Press Inc.

Description: This book explores the victimization of people with disabilities and helps reduce the risk of sexual assault. The ring of safety presents the skills to teach people with disabilities to enable them to protect themselves. The book also presents a new way of looking at the indicators of sexual abuse in the population of people who have developmental disabilities.

Link: http://www.amazon.com/Just-Say-Know-Understanding-Victimization/dp/1896230008/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194452793&sr=8-1

Hingsburger, D. (1993). *I openers.* Vancouver: Family Support Institute Press.

Description: Parents ask questions about sexuality and children with developmental disabilities.

Institute on Disabilities, Temple University (2000). *Your safety ... your rights II: Personal safety & sexual abuse risk reduction education program to empower adults with disabilities and educate service providers.* Doylestown, PA: Network of Victim Assistance: The Institute on Disabilities, Temple University.

(1988). *Life horizons II (slide): The moral, social and legal aspects of sexuality.* Santa Monica, CA: James Stanfield & Co.

Description: A teaching program on sex education designed for persons of all intellectual levels who have problems in learning. Could be used with the

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developmentally, intellectually, emotionally and mentally disabled. Could also be helpful to the physically disabled, such as hearing impaired. 547 slides and guide book.

Pennsylvania's University Center for Excellence at Temple University (2002). *Sexual abuse awareness training for self-advocates*. Philadelphia, PA: End the Silence.

Description: A sexual abuse and personal safety-awareness training program developed by self-advocates for individuals with developmental disabilities and to be presented by self-advocates in collaboration with victim service professionals.

Link: http://disabilities.temple.edu/publications/publications_2005-0504.htm

Paterson, P. M. (1991). *Doubly silenced: Sexuality, sexual abuse and people with developmental disabilities*. Madison, WI: Wisconsin Council on Developmental Disabilities.

Link: http://www.amazon.com/Doubly-silenced-Sexuality-developmental-disabilities/dp/B0006D87N8/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194470472&sr=1-1

Paceley, S. (2003). *My body... my choice*. Decatur, IL: Blue Tower Training Group.

Description: This fully illustrated mini-book is written for adolescents and adults with developmental disabilities. *My Body...My Choice* covers the basics of body safety and is empowering people with disabilities across the nation to resist and report sexual abuse.

Link: <http://bluetowertraining.com/online-store/>

Peterson, M. S. & Urquiza, A. J. (1993). *The role of mental health professionals in the prevention and treatment of child abuse and neglect*. Washington, D.C.: U.S. Dept. of Health and Human Services, Administration for Children and Families, National Center on Child Abuse and Neglect.

Link: http://www.amazon.com/mental-professional-prevention-treatment-neglect/dp/B0006E3VG0/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194470386&sr=1-1

Rappaport, S. R., Burkhardt, S. A., & Rotatori, A. F. (1997). *Child sexual abuse curriculum for the developmentally disabled*. Charles C. Thomas Publishing Co.

Description: This curriculum is divided into five parts: "Understanding Child Sexual Abuse of the Developmentally Disabled," "The Treatment of Sexually Abused Children," "Sexual Abuse: The Emotional and Behavioral Sequelae," "Factors That Mediate the Sequelae of Child Sexual Abuse," and "The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities." The last chapter includes 10 lessons on sexuality and sexual abuse prevention for children who are in the mild range of mental retardation. An appendix is included, which parents and caregivers can review with children.

Link: http://www.ccthomas.com/details.cfm?P_ISBN13=9780398067342

Roehrer Institute (1992). *No more victims: Manual for families/friends; Manual for counselors/social workers*. Toronto, Ontario: Roehrer Institute.

Description: These are two of the four manuals (the others are for law enforcement and the legal system) that explore factors contributing to increased risk for sexual abuse in this population; describe signs and symptoms of potential sexual abuse and outline appropriate/effective responses and preventive measures. Considered an essential

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resource for groups concerned with the sexual abuse of individuals with developmental disabilities.

Link: www.roeher.ca

<http://www.roeher.ca/Comersus/viewitem.asp?idproduct=91>

<http://www.roeher.ca/Comersus/viewitem.asp?idproduct=92>

Schaefer, Karen. (1993). *What only a mother can tell you about child sexual abuse*.

Washington, DC: Child Welfare League of America, Inc.

Description: A valuable resource for parents of child victims of sexual abuse and for professionals who work with victims and their families.

Link: [http://www.amazon.com/Mother-About-Child-Sexual-Abuse/dp/0878685081/ref=sr_1_1/002-8139237-](http://www.amazon.com/Mother-About-Child-Sexual-Abuse/dp/0878685081/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194469075&sr=1-1)

[0393646?ie=UTF8&s=books&qid=1194469075&sr=1-1](http://www.amazon.com/Mother-About-Child-Sexual-Abuse/dp/0878685081/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194469075&sr=1-1)

Sgroi, S. M. (1988). *Vulnerable populations: Evaluation and treatment of sexually abused children and adult survivors*. Lexington, MA: Lexington Books.

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State of Connecticut Department of Mental Retardation (1994). *It's your job to stop sexual abuse*. East Hartford, CT: Sexual Abuse Prevention Project.

Description: This video is a reminder about the importance of recognizing and reporting sexual abuse in clients with mental retardation. 6 minutes.

Virginia Institute for Developmental Disabilities (2002). *Advocacy in action: Health professionals' response to the abuse and neglect of children with disabilities*. Richmond, VA: Virginia Commonwealth University.

Description: Videotape of the April 25, 2002 teleconference. 90 minutes.

Warger, C. L. (1991). *Abuse and neglect of exceptional children*. Reston, VA: Council for Exceptional Children.

Link: [http://www.amazon.com/Neglect-Exceptional-Children-Operative-Surgery/dp/0865862087/ref=sr_1_1/002-8139237-](http://www.amazon.com/Neglect-Exceptional-Children-Operative-Surgery/dp/0865862087/ref=sr_1_1/002-8139237-0393646?ie=UTF8&s=books&qid=1194469412&sr=8-1)

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Sexuality & Disability Resources

YAI. (2000). *Is this abuse?: An essential training program for all direct care staff working in the field of developmental disabilities*. New York: YAI/National Institute for People with Disabilities.

Description: Presentation of fictional cases intended to help professional personnel recognize traits of several forms of abuse when dealing with adults who suffer from developmental disabilities. 40 minutes.

Link: <http://yai.org/Trainingstore/subpage.cfm?content=search.cfm&topic=8>